

OTTER TRAIL GUIDE

TIDES JULY 2023

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0734	1729	0159	1441	0824	2032
2	0734	1729	0250	1528	0910	2120
3	0734	1730	0340	1614	0954	2208
4	0734	1730	0429	1659	1038	2256
5	0734	1731	0516	1745	1121	2345
6	0734	1731	0602	1831	1204	----
7	0734	1732	0647	1918	0033	1245
8	0734	1732	0732	2008	0123	1328
9	0733	1733	0819	2103	0216	1414
10	0733	1733	0914	2207	0315	1509
11	0733	1734	1026	2320	0426	1625
12	0732	1735	1201	----	0550	1807
13	0732	1735	0032	1321	0702	1921
14	0731	1736	0133	1418	0757	2015
15	0731	1736	0224	1502	0840	2057
16	0731	1737	0309	1540	0917	2134
17	0730	1738	0348	1613	0951	2207
18	0730	1738	0424	1645	1022	2238
19	0729	1739	0456	1714	1052	2309
20	0729	1740	0527	1743	1120	2339
21	0728	1740	0555	1812	1149	----
22	0728	1741	0624	1843	0010	1217
23	0727	1742	0655	1917	0043	1248
24	0727	1742	0728	1955	0120	1321
25	0726	1743	0809	2043	0203	1403
26	0725	1744	0905	2145	0257	1459
27	0725	1744	1027	2306	0410	1622
28	0724	1745	1218	----	0555	1812
29	0723	1746	0034	1337	0720	1931
30	0723	1746	0146	1433	0818	2029
31	0722	1747	0245	1522	0906	2119

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

